

Area of study

Your child will ... (Knowledge)

Your child will be able to... (Skills)

Autumn Term 1

Society

- The Fundamental British Values (FBV) and their importance
- How to be an active citizen
- The importance of good role models,
- How a sense of duty and responsible behaviour helps improve society,
- That rights and responsibilities are linked
- What stereotyping, prejudice, hate, radicalisation and extremism are and why these are wrong

- Recognise how FBV shape society
- Identify ways to help improve society
- Recognise the importance of good role models and how responsible behaviour has a positive impact on society
- Explain what stereotyping and prejudice are and why these are wrong
- Describe how radicalisation can happen and what extremism is

Autumn Term 2

Safety

- That risks exist in society including internet risks, substance use and misuse and exploitation and how to stay safe

- Recognise risks and identify ways to stay safe
- Recognise the harmful effects of caffeine, cigarettes, alcohol and drugs
- Explain what exploitation is and recognise how this can happen

Area of study

Your child will ... (Knowledge)

Your child will be able to... (Skills)

Spring Term 1

RSE

- The characteristics of good and bad relationships, unacceptable behaviours including abuse and the harmful practices of FGM and forced marriage.
- Diversity and the importance of respect and self-respect.
- The effects of puberty and how to cope. What consent means.
- How feelings affect actions.
- Why support is important, the support available inside and outside school and how to get support.

- Recognise the characteristics of good and bad relationships
- Recognise harmful practices and behaviours
- Describe diversity and explain why respect is important and why it is important to know and respect yourself
- Recognise how self-esteem can be developed and damaged
- Describe the effects of puberty and explain how to cope with changes
- Explain what consent means
- Explain where and how to get help

Spring Term 2

Careers and Finance

- That interests are important when considering career aspirations.
- That apprenticeships provide workplace learning and qualifications.
- The importance of labour market information when considering future career options.
- That entrepreneurs create business opportunities.
- What money is and why it is important.
- What consumerism is, what influences spending and consumer rights.

- Explain why interests are important when considering future career options
- Recognise that apprenticeships provide workplace learning and qualifications
- Explain why LMI is important (specifically main responsibilities for job roles)
- Describe what an entrepreneur is
- Explain what money is and why it is important
- Recognise what influences spending
- Describe what consumer rights are

Area of study

Your child will ... (Knowledge)

Your child will be able to... (Skills)

Summer Term 1

Health

- What a balanced diet is, the effects food has on health and what good oral hygiene involves.
- What hygiene is, why it is important and the effects of poor hygiene.
- Why exercise and sleep are important to good health.
- What mental health is and how to look after your mental health.
- What cuts, grazes, nose bleeds, burns and scalds are and how to treat them.

- Describe what a balanced diet is and what good oral hygiene involves
- Explain why good hygiene is important
- Explain how exercise and sleep support good health
- Describe what mental health is and suggest ways to support good mental health
- Describe how to treat cuts, grazes, nose bleeds, burns and scald

Summer Term 2

Democracy and Human Rights

- What migration is and the effects of migration.
- What human rights are and why they are important.
- What bullying is, the different types of bullying, why it happens and what to do if worried about bullying.
- How to resolve conflict peacefully.
- What freedom of speech is, your rights to free speech, the effects and your responsibilities.

- Describe what migration is and explain the effects
- Describe what human rights are and explain why they are important
- Describe what bullying is and explain the effects
- Explain how to resolve conflict peacefully
- Describe what freedom of speech is
- Recognise responsibilities where freedom of speech is concerned
- Explain the effects of free speech