Careers Programme Overview 2026-27

Year Group	Autumn	Spring	Summer
Year 7	**Horizons Fair** Inspirational Speakers, alumni and Empower Skill	**Apprenticeships Information Assembly** **Cantell and NatWest Careers and Apprenticeships Week** Careers and apprenticeships sessions during lesson A and timetabled lessons **Careers Lessons** Timetabled careers lessons through CPSD	**Careers Advice** Opportunity to book one to one meetings with Careers Advisers **Cantell Careers Fair** Colleges, Universities, Armed Services, Careers Advisers, Training Providers, Employers
Year 8	**Careers Advice** Opportunity to book one to one meetings with Careers Advisers **Horizons Fair** Inspirational speakers, alumni and Empower Skills	**Apprenticeships Information Assembly** **Careers Advice** Opportunity to book one to one meetings with Careers Advisers **Cantell and NatWest Careers and Apprenticeships Week** Careers and apprenticeships sessions during lesson A and timetabled lessons **Careers Lessons** Timetabled careers lessons through CPSD	**Careers Advice** Opportunity to book one to one meetings with Careers Advisers **Cantell Careers Fair** Colleges, Universities, Armed Services, Careers Advisers, Training Providers, Employers
Year 9	**Careers Advice** Opportunity to book one to one meetings with Careers Advisers **Horizons Fair** Inspirational speakers, alumni and Empower Skills	**Apprenticeships Information Assembly** **Careers Advice** Opportunity to book one to one meetings with Careers Advisers	**Careers Advice** Opportunity to book one to one meetings with Careers Advisers **Get Inspired Careers Fair** Visit to EBP South Careers Fair

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		Cantell and NatWest Careers and Apprenticeships Week Careers and apprenticeships sessions during lesson A and timetabled lessons **Careers Lessons** Timetabled careers lessons through CPSD **Future Focus Day** Career Aspirations and LMI, Apprenticeships, Key Stage 4 Options, Further Education - Academic and Vocational Options, Higher Education, Resilience. **Future Focus Information and Options Evening** KS4 courses, Colleges, Universities, Armed Services, Careers Advisers, Training Providers, Employers, Apprenticeships Information Presentations	**Cantell Careers Fair** Colleges, Universities, Armed Services, Careers Advisers, Training Providers, Employers
Year 10	**Careers Advice** Opportunity to book one to one meetings with Careers Advisers **Horizons Fair** Inspirational speakers, alumni and Empower Skills **Work Experience and College Taster Days Parent and Student Information Evening**	**Careers Advice** Opportunity to book one to one meetings with Careers Advisers **College Assemblies** Colleges present to students outlining what they have to offer and why students should consider applying. **Cantell and NatWest Careers and Apprenticeships Week**	**Careers Advice** Opportunity to book one to one meetings with Careers Advisers **IAG Day** Educational Pathways, Employment Opportunities, Interviews, Personal Statements and Work Experience

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	Work Experience Introductory Assemblies **Work Experience System Workshops** **Work Experience Choices Support Sessions** **College Assemblies** Colleges present to students outlining what they have to offer and why students should consider applying. **College Open Evenings** Students encouraged to attend **Apprenticeships Information Assembly**	Careers and apprenticeships sessions during lesson A and timetabled lessons **Future Focus Information Evening** KS4 courses, Colleges, Universities, Armed Services, Careers Advisers, Training Providers, Employers, Apprenticeships Information Presentations **Cantell and NatWest Careers and Apprenticeships Week** Careers and apprenticeships sessions during lesson A and timetabled lessons **College Open Evenings** Students encouraged to attend	**Cantell Careers Fair** Colleges, Universities, Armed Services, Careers Advisers, Training Providers, Employers **College Assemblies** Colleges present to students outlining what they have to offer and why students should consider applying. **Your Future Careers and Education Fair** Visit to Southampton City Council Careers and Education Fair **College Taster Days** Students visit colleges and follow a programme of lessons for the day **College Open Evenings** Students encouraged to attend **Work Experience** Students undertake a one week work experience placement
Year 11	**Careers Advice** One to one meetings with Careers Advisers **College Assemblies** Colleges present to students outlining what they have to offer and why students should consider applying	**Careers Advice** One to one meetings with Careers Advisers **College Open Evenings** Students encouraged to attend **Cantell and NatWest Careers and Apprenticeships Week** Careers, apprenticeships and Further Education transition sessions during	**Careers Advice** One to one meetings with Careers Advisers **Meetings with college representatives** Staff from colleges meet with selected students

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	College Open Evenings Students encouraged to attend **Next Steps Parent and Student Information Evening** **Apprenticeships Information Assembly** **Further Education Fair and IAG Day** Post 16 Options, CV Writing and Interview Skills, Personal Statements, Applications, Higher Education, Further Education Fair **College Applications and Learning Performance Day** Students complete online applications with support from college representatives and attend revision strategies sessions run by Learning Performance **Mock Interview Day** Students receive a mock college/job interview with feedback	lesson A and timetabled lessons **Future Focus Information Evening for selected students** Colleges, Universities, Armed Services, Careers Advisers, Training Providers, Employers, Apprenticeships Information Presentations **College Transition Support Visits** Selected students visit colleges as part of the transition process and meet college staff	

Careers Programme Activities Guide

Careers Lessons: Timetabled careers lessons are delivered through the CPSD curriculum at KS3 and through IAG Days and Lesson A at KS4. These cover KS4 options choices, further and higher education, university life and opportunities, student finance, careers, apprenticeships, employment with training,

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traineeships, work experience, personal statements, curriculum vitae, Empower skills and incorporate research tools and websites to support learning and decision making relevant to education and career paths.

Careers through the Curriculum: Teachers provide information on careers and further study options that are relevant to subjects during lessons. Departments have a careers insight focus for visits.

Empower Skills: These **e**mployability/transferable skills are developed through subject lessons and extra-curricular provision and are a whole school focus.

Careers Noticeboards: Departments have careers noticeboards with information on careers and education pathways which are relevant to their subject.

Lesson A: Lesson A is used to support students with education and career path decisions, personal statements and preparation for work experience and mock interviews.

Assemblies: Assemblies are used to give students information about education, apprenticeships and careers with colleges, universities, employers, Alphi and alumni presenting to students.

Horizons Fair: Students in Y7-10 have an opportunity to hear from motivational speakers, alumni, colleges and universities about the importance of education and enrichment activities and find out more about the enrichment activities available to them while at school and the educational opportunities available to them post 16.

Careers Fair: Cantell has its own Careers Fair which gives students in Y7-10 the opportunity to talk to colleges, universities, training providers, the Armed Services, Careers Advisers, apprenticeship providers and employers. Students are prepared for this event through lesson A to ensure they are focussed and get the most from the opportunity.

Future Focus Day: Y9 have an IAG Day covering Career Aspirations and LMI, Apprenticeships, Key Stage 4 Options, Further Education - Academic and Vocational Options, Higher Education and Resilience. This links into the Future Focus Information and Option Evening which is on the same day.

Future Focus Information and Options Evening: Y9-11 students and parents have the opportunity to talk to employers, apprenticeship and training providers, colleges, universities, the Armed Services and Careers Advisers about post 16 opportunities. Y9 also have the opportunity to talk to teachers about the subjects they can choose from when selecting their options for KS4. There are also apprenticeship information presentations at this event.

Y10 Work Experience: Students have the opportunity to undertake a work experience placement in July. The process starts in year 9 when work experience is introduced to students through careers lessons in CPSD and students apply for placements in year 10 which they find themselves through independent research or use the EBP South database of employers.

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IAG Days, lesson A and assemblies are used to support and prepare students for work experience. They have a logbook to complete during the placement which must be checked and signed by their mentor. Upon returning to school, they review and evaluate their experience.

Y11 Mock Interview Day: Y11 have a Mock Interview Day where representatives from various companies interview students to give them experience prior to college and employment interviews. Students are given some of the questions ahead of the day and supported with their preparation through IAG Days and lesson A. They are encouraged to do independent research in preparation for the mock interviews and college or employment interviews and are supported in this process through the Y11 Next Steps Google Classroom. Students are given feedback after the mock interview to ensure they learn from the experience.

Careers Advisers: CEIAG is supported by our independent and impartial Careers Adviser Mrs Theresa Townsend. Mrs Townsend is available to meet with students in the Employability Hub every Wednesday and Friday and fortnightly on a Tuesday. Appointments are scheduled for all KS4 students and can also be booked by students in Y7-11 through the Careers Leader, Head of Year or Careers Adviser.

Cantell and NatWest Careers & Apprenticeships Week: NatWest provide a bespoke programme for Cantell running activities for students in Y7-11 to support with careers education including assemblies, lessons and lesson A activities.

College Taster Days: Y10 have the opportunity to attend college taster days giving them an insight into colleges and courses prior to making applications in Y11.

College Visits: Selected Y11 students meet with college representatives and visit colleges to support with the transition process.

Enterprise Adviser: The school has an Enterprise Adviser to provide support and guidance on developing provision.

College Application Day: Y11 students complete online applications with support from college representatives.

Further and Higher Education Visits: The Aim Higher Programme allows selected students to experience university. There are also various trips and visits organised by departments throughout the academic year to allow students to experience further and higher education environments.

Solent University Step into Success Programme: Solent University run a number of activities for students in Y7-11 to help support their educational journey and prepare them for post 16 education and the workplace.

Southern Universities Network: The Southern Universities Network Collaborative Outreach Programme provides training for staff and a variety of CEIAG opportunities for students.

Website: CEIAG information is posted on the school website and Facebook page.

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Careers Library: Prospectuses and careers literature is available for students to read in the careers and post 16 education area in the library and in the Common Room. These areas are managed by the Careers Adviser. The library and Common Room are available to students at lunch and break times where they have the opportunity to access further and higher education prospectuses and careers and apprenticeships literature.

Transition to College: Y11 transition to college is supported by college assemblies, IAG Days, College Application Day, Future Focus Evening, careers and education guidance meetings, tracking and monitoring of college, apprenticeship and employment with training applications and offers with support provided, meetings with college representatives and visits for targeted students, and support from Southampton City Council for students who may find the transition more challenging.

Post 16 Support: Students who are not in education, employment or training are offered support which includes careers and education guidance meetings, more information on education and employment opportunities in the local area, support with applications, information on agencies who provide assistance with transition, and government and Southampton City Council websites providing online support including access to advisers through telephone and webchats.